



Stevenage Football Club

Internship/ Placement/ Work Experience 2018-2019 Season

Support First Team Physiotherapists/ Sports Therapists/ Sports Rehabilitators

General Duties

- Report to First Team Physiotherapist
- Be punctual, organised, act in a professional manner and be dressed smartly & appropriately at all times
- Help to produce a positive working environment within the department and club
- Always be looking to broaden your knowledge, helping to bring fresh new ideas to the department
- Endeavour to attend Club CPD Events
- Abide by Club Social Media Guidelines
- Assist in planning and delivery of individual and team prehab, rehabilitation and recovery sessions
- Assist in providing pitch side cover for U23's fixtures
- Help with pre-match soft tissue work on weekend home fixtures and be available to assist the Doctor in the medical room with any injured players that require medical attention or assistance

Morning Duties

- Attend morning medical meeting & Liaise with First Team Physiotherapist, Head of Sports Science and other Medical Staff/ Students
- Assist in assessing injured players and discussing their plan for the day
- Assist in liaising with the Sports Science department to analyse wellbeing data, leading to further assessment if necessary, as well as discussion with relevant coaching staff/ management
- Assist with daily injury prevention screens & sessions
- Assist with pre-training massage/ treatment
- Help to set up, conduct, deliver and tidy up prehab/ rehabilitation/ gym sessions
- Assist with hands on treatment of injured players (eg, massage/ joint mobilisations)

Afternoon Duties

- Liaise with the Sports Science department/ other relevant staff regarding injured or return to training players
- Assist with hands on treatment of players (eg, massage/ joint mobilisations)
- Help to set up afternoon sessions in the gym
- Assist/ conduct/ monitor afternoon sessions
- Promote and assist in appropriate recovery strategies (eg, recovery boots)
- Ensure health, safety and hygiene guidelines have been adhered to
- Update personal logbook/diary/journal
- Organise for the next day, including injured players rehabilitation programmes
- Attend daily debrief

Placement Dates: June 2018 – May 2019 (to be confirmed)

Hours: Full time (4 week-days, some Saturday mornings/ afternoons, possible bank holidays)

Expenses only

Please apply directly with a Covering Letter & CV to: Jake Robinson jaker@stevenagefc.com

Application Deadline: Midnight Friday 18th May 2018

***Please note that this list of duties is not extensive and duties/roles may be changed during the course of the season