



Strength and Conditioning Work Placement Opportunity

Job Description

Job Title	Strength and Conditioning - Work Placement Opportunity
Department	First Team
Key Contacts Internal	First Team Staff, CEO, Head of Recruitment
Key Contacts External	Subject to duties.
Location / Requirements	Based at Stevenage Football Club located at Bragbury End Training Ground, Aston Lane, Stevenage, Herts, SG2 8TH. Due to the nature of the post, evening and weekend work will be required based around the Club's fixtures and events.
Hours/ Remuneration	4 days per week. Legitimate expenses reimbursed.
Job Purpose	Reporting to the First Team Strength and Conditioning Lead, the successful candidate will play an important role in providing support to the First Team. The main responsibility of the role will centre around the club's playing philosophy, working closely with the players and coaching staff to support in pitch based return to play sessions.
Duties and Responsibilities:	<ul style="list-style-type: none"> • Daily set up and allocation of GPS vests for all sessions • Download data and procedure reports as required • Monitor players output through all sessions and games • Assist with the production and delivery of IPP's. • Contribute to special projects that are part of the medical science department. • Contribute to the development and management of best practice databases.

Personal Specification: First Team Analyst

Skills, Knowledge, Qualifications & Experience	Required	Desirable
Good practical knowledge of nutritional support		✓
High level of tactical / technical knowledge and understanding of the game.		✓
Proficient in the use of leading performance analysis software		✓
Proficient in the use of Mac iOS and Windows operating systems / software including: Keynote, Numbers, Pages, iBooks, Microsoft Office (Excel, Powerpoint, Word).	✓	
An understanding of movement principles relevant to S&C		✓
A clear and concise communicator	✓	
Committed, reliable and dependable team member	✓	
Proactive attitude with a growth mindset to continually improve	✓	
High professional standards with an impeccable attention to detail	✓	
A comprehensive understanding of the principles of periodisation in an elite environment		✓
FA Coaching Badges		✓

Attitude/Behaviours		
Takes responsibility for ensuring a high quality of work	✓	
A genuine team player who will support and motivate other members of the team	✓	
A leader who leads by example and is a role model to junior members of staff	✓	
An adaptive individual who can cope well in high pressure situations	✓ ✓	
A proven ability to multi task and manages multiple projects	✓	
Personal Qualities		
Hardworking and enthusiastic	✓	
Recognises brand values and represents them to the highest level, installing those traits in others	✓	
Loyal and committed	✓	
Seeks to learn and develop daily	✓	
Motivates those around them	✓	

Application Process: First Team Analyst

Application Instructions	<p>Interested applicants should write to or email to the Club outlining their suitability for the role in the form of a Cover Letter and submit a copy of their C.V.</p> <p>Application Postal Address: Stevenage Football Club, The Lamex Stadium, Broadhall Way, Stevenage, Herts, SG2 8RH</p> <p>Email Applications to: alex@stevenagefc.com</p>
Application Deadline	Sunday 17 th July 2022
Screening Start Date	W/C 18 th July 2022
Employability Statement	Stevenage Football Club is committed to be an equal opportunities provider and welcomes applicants from all members of the community. Should you require assistance with your application please contact the Club in advance of your submission.